

Activities Unlimited General Meeting

Tuesday February 10, at 9:30am
Midland Park Christian Reformed Church
183 Godwin Ave. Midland Park

President's Note

Friends,

Winter is well upon us and the weather is brutal. Stay safe and warm and don't forget to watch out for our friends and neighbors who may have difficulty getting around. A helping hand like picking up groceries or even a simple phone call to say hello and 'check-in' can be a godsend. It means a lot.

When I joined AU in 2019, I didn't realize at first what a wonderful community I was entering. In time I came to appreciate that we are far more than a collection of clubs and random events. We are a brotherhood based on camaraderie, companionship and service to each other's well-being.

A few weeks ago, I received an email from one of our members, John Murphy, who had a medical scare which caused him to reflect on AU and what it means to him. Thankfully he is all right, but I would like to share his message with you (on the next page) because I feel the same way and I'm sure many of us do also.

Our next General Meeting is on February at 10am at the Midland Park Christian Reformed Church. Come in out of the cold! Doors open at 9:30am. Join us for warm beverages, bagels and conversation.

Sincerely,

Gaspar Lesznik
President 2026

Our AU General Meeting Quest Speaker for February is Rita Saltiel-Berzin. Rita is the Worldwide Associate Medical Director on Diabetes Care with Embecta (formerly Becton Dickinson). Ms. Berzin is an education specialist on diabetes care and research.

Letter from AU Member: Benefits of Membership

I thank Board Members for volunteering and accepting the challenge of leading this diverse collection of gentlemen on a path of friendship, enrichment and belonging.

AU has become a very important part of my life, and I want you all to know that you as the leaders of the club, along with my AU friends, have made my life better and more fulfilling by providing the activities, stimulation, and socialization I (we) need to thrive.

I have met so many wonderful people and made some great friends in the years I have been a member. The club has given me the opportunity to give back to the members thru the activities I am involved in and at the same time enjoy the activities that others provide to all of us.

To me, AU is like “CHEERS”, a place to share the love, laughs, tears, drama and most importantly:

“Sometimes you wanna go - Where everybody knows your name - And they're always glad you came - You wanna be where you can see - Our troubles are all the same You wanna be where everybody knows your name”

I was in the hospital for an unexpected two day visit right before New Years and the doctors wanted to know the activities that I do. So, I told each of the doctors that besides my family I have several important activities in my life and one of them is a club called Activities Unlimited. It is a place where I go to meet friends, have conversations, go on excursions, dance, share a meal, laugh and enjoy each other's company. The doctors replied, - “That I was very fortunate to have a place like AU to go to.” Socializing is one of the key ingredients to living a healthy and rewarding life as I get older, I prefer to think as we mature and get wiser.

You may or you may not realize it, that all of you play an important supporting role in a lot of people's life's and in doing so are making our life's better. Much better than a pill and even better than a fine glass of wine.

Thank you all. I hope 2026 is a healthy and happy year for all.

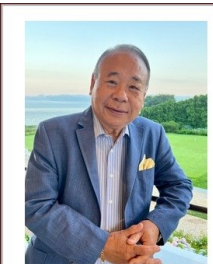
John Murphy



ACTIVITIES UNLIMITED



2026 OFFICERS



Gaspar Lesznik
President
201-774-8608

Adolph Galluccio
1st Vice President
973-392-4802

Jack Warner
2nd Vice President
201-406-3779

Winston Lau
Secretary
201-232-0383

Doug Cooper
Treasurer
908-907-1112

Gabe Carifi
Assistant Treasurer
201-738-8323

New Members January 2026		
Name	Interests	Phone Number
Alfred Breen	Duplicate Bridge, History, Luncheon, Shooting, Bocce	201-891-3804
Raymond DiBella	Long Hikers, Short Hikers Discussion, Science, Stock Club	201-981-2761
Drew Churchson	Shooting Club	201-444-6195
Robert Obeiter	Bridge Duplicate, Discussion, Science	201-745-4648
Bruce Reicher	Computer, Luncheon, Pickle Ball	201-316-5609
Frank Zambrano	Investment, Pickle Ball, Tennis	845-623-2598



Trips & Tours



**Chair: Tom Van Lenten
201-248-7207**

Trips & Tours meeting will be immediately after the February General Meeting at Fiona's Restaurant in Midland Park

Upcoming Events – 2026

Thursday, February 12, Temptations & Four Tops Concert. Two legendary super-groups – together again! Enjoy an evening full of your favorite Motown memories from two classic hitmakers. If you are interested in attending this concert send an email to tomvanlenten@hotmail.com indicating the number of tickets you wish to reserve. See page 7 for more details.

Thursday, March 26 Lunch at Fiona's Restaurant. Join us for an afternoon of good food and fellowship. A four course lunch will be served with pasta and salad. Choice of 4 entrees, Chicken Francese, Veal Marsala, Tilapia Oreganata, Eggplant Parmigiana, coffee, tea and soda. A cash bar is available. Cost \$37pp. Open to all members, wives & significant others. Time 12:00 pm. Mail checks payable to Activities Unlimited to: Joe Pullaro, 886 Iron Latch Road, Franklin Lakes, NJ, 07417 Questions: contact Joe at 201-337-0018. See page 8 for details.

Trips & Tours Team is exploring new events for the Spring and Fall including:

(1) Evening Outing to the NJ Meadowlands track. Includes dinner and outstanding views of the track. Timing will be spring or early summer. Details coming.

(2) Overnight trip to see "Sights & Sounds" play and sightseeing in Lancaster, PA. White Star Special Edition Trip celebrating the 250th anniversary of our country. Timing will be fall. Date and cost to be determined.

Temptations and Four Tops

Two legendary supergroups – together again! from “Baby, I Need Your Loving” to “My Girl.”. Enjoy an evening full of your favorite Motown memories from two classic hitmakers.

THE TEMPTATIONS THE FOUR TOPS



60TH ANNIVERSARY OF THE HIT SONG "MY GIRL"

**Mayo Performing Arts Center, Morristown, NJ
Thursday, February 12, 2026 @7:30pm**

From the streets of Detroit to the Rock & Roll Hall of Fame. With their signature dance moves and unmistakable harmonies, they rose to the top of the charts creating an amazing 42 Top Ten Hits with 14 reaching number one.

Ticket price: \$71pp. Make check payable to Activities Unlimited. Mail to Tom Van Lenten, 102 Walnut St. Mahwah, NJ 07430.

Luncheon at **Fiona's Restaurant** **118 Godwin Ave.,** **Midland Park, N.J. 07432**

**Thursday, March 26, 2026 -
12:00pm**



Menu-

Penne Vodka, Garden Salad, Choice of 4 entrees, Chicken Francese, Veal Marsala, Tilapia Oreganata, Eggplant Parmigiana, Dessert Platter, Coffee, Tea, Soda are included:

*Note- Restaurant is **BYOB**, so bring wine or beer if desired*

Cost \$37 per person.
Wives & significant others
welcome. Send check for \$37
per person made out to
Activities Unlimited to:



Joe Pullaro
886 Iron Latch Road ,
Franklin Lakes, N.J. 07417
Questions - contact
Joe at 201-337-0018



Current Month Club Activities

AU Guys

The AU Guys Big Band generally meets Wednesdays at 10:00 am at the Midland Park VFW Hall.

Chair: John DeSantis: 201-447-0256

Co-Chair: Frank Altomare: 201-410-4712

Book Club

The Book Club will be meeting on February 25 in the Memorial Room of the Wyckoff Reformed Church.

The books to be discussed are “The Woman Behind the New Deal: The Life and Legacy of Frances Perkins, Social Security, Unemployment Insurance, and the Minimum Wage” by Kirstin Downey, and “Lessons in Chemistry” by Bonnie Garmus.

Chair: Gregg Krieger 201-925-3197

Co-Chair: Peter Bieszard (201) 739-3584

Bowling Club

The next Bowling Club meetings will be on Friday February 13 and 27. The Bowling Club sessions are always at 10:00 am at Montvale Lanes. We bowl every other Friday for fun and camaraderie (no teams or competition).

We encourage you to give it a try!
If interested, contact Scott Japko.

Chair: Scott Japko, 201-788-5516

Co Chair: Bill Leo 845-263-5323

Current Month Club Activities (cont.)

History Club

Our next history Club meeting will be on February 24 at 1:00pm in the VFW building in Midland Park. The speaker will Peter Macalusso who will talk about **“George Washington—Our American Lifeline.”** George Washington is our lifeline to cling to, just as Abraham Lincoln said he was for him. The place and power of Washington is uniquely demonstrated as our miraculous inheritance. Peter will talk about Washinton’s strengths and weaknesses in character, politics and military. Peter is an expert on the matters of Washington and the Revolutionary War.

Chair Joe: Pullaro, 201-337-0018

Co-Chair: Steve Joern, 201-491-7456

Investment Study Group

There will be no Investment Study Group meeting in February.

Chair: Dennis LaBarbera, 561-222-1027

Co-chair: Fred Theile, 201-981-1801

Pickle Ball

Pickleball is on winter break, we will announce when Club activities resume.

Chair: Kenneth Frisco, 973-919-6704

Co-Chair: George Lewis, 551-427-1223

Photography Club

There will be a Photo Club meeting on February 24 at 10:30 am at the Midland Park VFW

Chair: Murray Perl, 201-261-7276

Public Discussion Club

The next Public Discussion meeting will be held on Wednesday, February 11 at the Franklin Lakes Ambulance Corps Building at 10am. The Club Chairs will email discussions topics for the next meeting prior to the meeting date.

Chair: Walter Widmer, 551-286-4045

Co-Chair: Tom Butler, 201-452-6649

Current Month Club Activities (cont.)

Science Club

The Science Club will meet on Tuesday, February 17th at 1pm at the Midland Park VFW Hall. Topic TBD.

Chair: Marc Bernhardt : 201-236-2957

Safe Shooting Club

There will be a Safe Shooting Club meeting on February 25th at 1 pm at the VFW Midland Park Hall

Chair: David Hubschmitt, 973-650-0052

Co-Chair: Mark Stahl, 201-321-9986

Stock Market Club

The AU Stock Market Club meets on the first and third Tuesday of each month at 9:00 am at the Midland Park VFW Hall. Refer to AU calendar for February meeting dates.

Chair: Frank Nusspickel, 201-739-5773

Co-chair: Steve Klein, 201-264-1654

Stock Picking Contest

The results of the Stock Picking Contest will be shared the first week of the month.

Chair: John Abrahamsen, 201-739-8589

Technology & Computer

The next Computer Club meeting will be on February 3. The meeting will begin at 10:30am at the Midland Park VFW. In John and Fred's absence, Harry Bennett will conduct the meeting.

Technology Topics: Range from Space Flight to Robotic Hands
Computer Topic: Password Security and Password Managers

Chair: John: Abrahamsen, 201-739-8589

Co- Chair: Fred Theile, 201-981-1801

Care and Concern



Activities Unlimited Care and Concern Report for February

Activities Unlimited Care and Concern Report :
During the month of January 2026, the Care and Concern Committee sent out these cards: 2 Condolence, 8 Get Well, and 2 Thank You.

Sadly, we have been informed that on December 21, 2025, a former Activities Unlimited member John Blakeman, passed on. Information about John's obituary can be found at the Activities Unlimited web site in **Memorium**.

Please let us know if we have missed any occasion of joy or concern by contacting John Toth at: johntoth52@hotmail.com

A Suggestion and Request from the Care and Concern Committee:

It has seemed that a few AU members have let us know about the joys and concerns **in their own lives**. However, more AU members are quick to let us know about the joys and concerns **of other members**. So, please let us know when we can send a message of support to someone you know in our club. And, if you prefer, we will keep your name anonymous.

AU February Birthdays

We are not aging, we are ripening to perfection.



Joseph Cuomo

David Hubschmitt

Marty Valerio

George Kawamura

Murray Perl

William Mastellon

Eugene Boyle

George Lewis

Donald Reedet

Donald Casey
John Clary

David Altana

Richard Freud

Robert Breckenridge

Timothy Tracey

Avon Morgan

Guy Colaneri

Donald Kirkpatrick

Michael Conte

Joseph Coyle

John Weindler

John Steen

Robert Dent

Raymond Di Bella

Edwin Lundel

John Sanchez

Peter Macaluso

James Yu

Russell Gluck

John Hodge

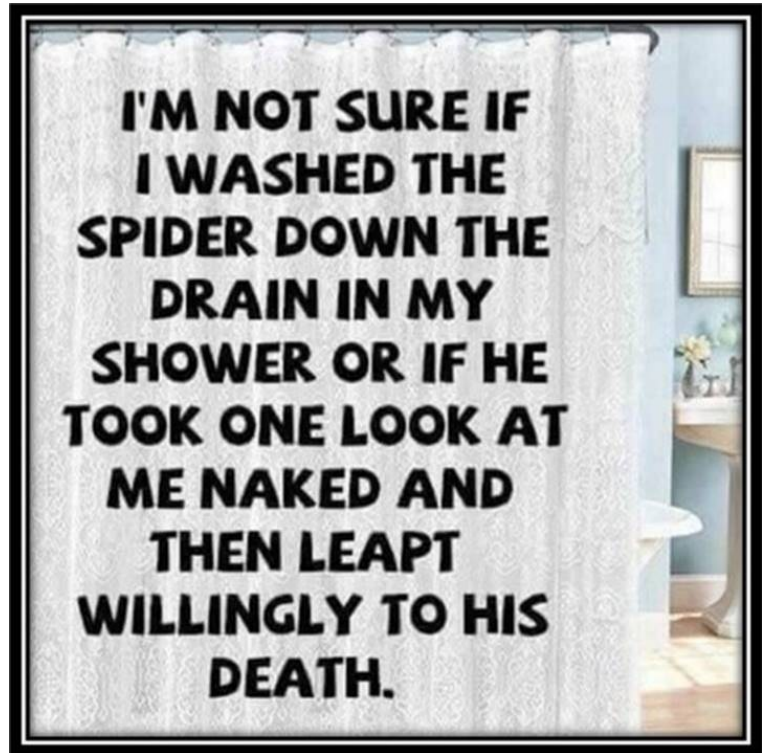
Jerry Zimmerman

Nelson Ramirez

Thomas Meloro

Andrew Safina

Keep Smiling!



Yes officer, I did see the
'speed limit' sign, I just didn't
see you.

Arguing with a women is like reading
the Software License Agreement.

In the end, you ignore
everything and click
"I agree".